

Pompey Hollow Senior Housing



Issue 11
November 2023

November...



Well, it is that time again, November...and the countdown to the holidays has begun. Schedule into your countdown a Holiday Luncheon during a special Java With Jessica Thursday, November 16th at noon (12pm). The luncheon will be hosted by AHA and the menu will be soup, sandwich, & dessert. If you would like to contribute a dish for the occasion just let us know.

There is still time to enter the Acorn Count Contest. **Count all the acorns you find in the October Newsletter and enter your count on a raffle ticket in the office.** If your ticket with the correct acorn count gets drawn, you will win the prize, a **\$10 Dunkin Donuts** gift card! The drawing will be Thursday, November 16th during the special Holiday Luncheon at Java With Jessica. Please note the different date & day for November's Java With Jessica.

A special thank you goes out to everyone who cooperated with the U.S. Housing Consultants performing the assessments of the units for the Capital Needs Assessment, preparing for the upcoming rehab project.

There will be an **Ashford Housing Development Corporation (AHDC)** Meeting scheduled for November 28th at 6:00pm. Please feel free to attend to learn more about the mission & ask any questions you may have.

The mission of AHDC is to provide affordable housing and access to supportive resources for all Ashford residents.



Beyond Green

The next Green Team meeting will be held in January 2024. As mentioned before, the committee will focus on ways that our community can live more sustainably.

In 1987, the United Nations Brundtland Commission defined sustainability as "meeting the needs of the present without compromising the ability of future generations to meet their own needs."

This is why sustainability is so important, especially right now, given the climate crisis and the impacts that are already being felt worldwide. Each person who makes even the smallest of changes to live more sustainably truly, has an impact on future generations, which for many of us is our grandchildren and great grandchildren.

I encourage tenants to attend the next meeting to discuss ways we can promote sustainability here.

*****The next Green Team Meeting is scheduled for Monday, January 8th at 10:00am.**



*****FYI***** Kathleen will not be in the office 11/08 through 11/15 & Jessica will not be in the office 11/17 through 11/27.

Office Hours : Excluding the above dates, Jessica will be working in the office Monday through Friday. Formal office hours will be: Mondays, Tuesdays, & Thursdays 9am- 12pm.

Photo by: Laura B. Netro-Price



STORAGE ROOMS



AHA will be installing shelves in the storage rooms located at in the back stairwells beginning in January. There will be a limit of how many items each tenant may place in the storage rooms after the shelves are installed. This is to ensure that all tenants who would like to use the rooms may do so; and to ensure the area is kept clear for attic access, and to maintain equipment that is located in some of the rooms. More information to follow.



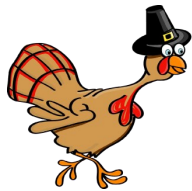
It is **PHTA Election Time!** Refer to PHTA Corner below for more details & info.

MISC. INFO

The outdoor Ashford Farmer's Market will close on 11/22 & the Ashford Winter Farmer's Market will be the 1st & 3rd Sundays (10am-12:30pm) December through April. Held at Knowlton Memorial Hall (Library), 5 Town Hall Rd., Ashford.

.....
*****Reminder*****, to use your \$10 cable TV coupon by December. Cards expire end of December and can not be carried over for next year.

.....
Rescheduling Note! **The Green Team Meeting** is being rescheduled to **Monday, January 8, 2024, 10:00am**, from November 13th.



PHTA Corner From Donna Dysart- PHTA President

Hello Everyone,

Hope you all have had a chance to get out and enjoy the change of season. It will soon be time for snow coats and boots, so let's not miss the mild weather while we have it.

.....
Hope to see many of you at the upcoming PHTA meeting. This November is **nomination time** for your Tenant Commissioner, as well as your PHTA officers. The terms for the Tenant Commissioner and PHTA officers end on December 31, 2023. **Elections** must be held at the December meeting to give time for votes to be counted and results to be posted before January 1, 2024. Your new Commissioner and Officers will take office on January 2, 2024.
.....

If you would like to run for one of the PHTA officer positions, or the Tenant Commissioner position, please come to the meeting on November 3, 2023 to place your name on the ballot. You may also let one of your current officers know that you wish to

run, and for which office you wish to be nominated. They will enter your name for the ballots. Your current PHTA officers are Donna Dysart, Joan Primus, Candice Clarke, and John Reynolds.

Don't forget, the next movie night will be on Wednesday, November 1, 2023 at 6:00pm. We will be watching the movie "Homeward Bound: The Incredible Journey". It is yet to be decided if the movie will be shown on the new 65" TV in the Community Room. If so, the posted flyers will reflect a change to show the move from the Lounge to the Community room.

Don't forget our PHTA meeting is also our coffee hour. So, come and visit with your neighbors and friends, find out what is happening and enjoy coffee and refreshments. The next meeting is on Friday, November 3rd at 11:00am. Hope to see you there.





From the Resident Service Coordinator



MOVIE NITE (1st Wed of the mo.)

Wednesday, November 1st at 6:00 pm
In the lounge.

Featuring: *Homeward Bound- The Incredible Journey*

Snacks & refreshments will be provided.

BOOK CLUB (3rd Mon of the mo.)

Postponed till January 2024

TRADER JOE'S SHOPPING

(2nd Thurs of mo.)

Thursday, November 9th at 10:00 am
Meet in Community Room to sign waivers.
(Kathleen will be out, so please pick up waiver to sign in main office.) We need at least 4 passengers.

JAVA W/ JESSICA Holiday Lunch

(3rd Thurs of mo.)

Thursday, November 16th at 12:00 pm

Come join us in the dining room for a special lunch to kick off the holidays. The luncheon will be hosted by AHA with soup, sandwich, & dessert on the menu. If you would like to contribute a dish just let us know. We will be exchanging info. and getting updates. Also, the drawing will be made for the winner of the Acorn Count Contest. If your ticket gets drawn & you have the correct count you'll win a prize! You never know what you might miss!



CRAFT EVENT LUNCHEON

(4th Tues of mo.)

Temporarily Postponed, plan to resume January 2024

GAMES & CARDS

(last Wed. of mo.)

Wednesday, November 29th 3:00 pm

In the Games & Crafts Room. Sign up sheet at community board.

STORRS CONGREGATIONAL FOOD PANTRY

Residents who are interested will be carpooling once a month on a Monday.

See community board for sign-ups!

UPCOMING SPEAKERS

Tuesday, December 5th at 11am,

Shannon Crowe, independent insurance agent, will be coming back to answer your questions on health insurance. Here's your chance to receive personalized, expert guidance on the best Medicare Advantage options for you. (ie. Wellcare vs United Health: PPO's vs HMO's). Held in Community Room with coffee & snacks provided.

OTHER UPDATES

VIAL of LIFE These have arrived! We will be handing them out at Java w/Jessica 11/16. For those that do not attend, we will put it in your cubby. As a reminder, it is a precautionary measure that's easy to do &

could prove essential in a medical emergency. We will be distributing 2 magnets and a blank medical information form (you fill out) to each resident. One magnet goes on your front door, so in case of a medical emergency, responders will know the info is inside. The magnetic pouch containing your medical info. goes on the refrigerator. That's it, super duper easy. You can pick them up during coffee hour or at either office.

TV NEWS

Really it's news about the TV. As you've no doubt noticed, it's been installed! We will be looking to our residents for guidance on what you're looking for. In addition to regularly scheduled **Wii Bowling**, (assuming the interest) we are thinking *holiday movies, seasonal topics (gardening for instance) documentaries, & presentations on issues that matter to you*. Please stop by at the next Java with Jessica (or whenever it's convenient) to share your ideas.

***See boards for senior center events - & visit senior center to pick up their calendar for full listing of events.

Tell Us What You Think

Got an idea for an event/guest speaker or way to improve quality of life? Please stop by Kathleen's and let her know. Feedback on events and general goings-on is appreciated!

Kathleen Devanney, RSC

Office Hours: Tuesday & Thursday 9-1

Phone: 860-429-0205

Email: kdevanney@ashfordhousingauthority.org