

# Pompey Hollow Senior Housing



Issue 6 June 1, 2023

## From the Director

Thank you all for your cooperation during our transition to a new waste removal company. Casella unexpectedly removed the old dumpsters. I really appreciate everyone's willingness to help out and not overload the bins. Both the trash and recyclables will be emptied every other week on Thursdays and Fridays.

Beginning June 19th, I will be working from home most Wednesdays. I will be in the office every Monday, Tuesday, Thursday and Friday.

### New office hours starting Monday June 5th:

Monday, Tuesday & Thursdays 9-12pm

#### **Bulletin Board Notices**

Thanks to Kathleen, we have many monthly activities and special trips going on as well as senior center activities. To ensure that all the events are posted, the first board in the lobby will be dedicated to events. The second smaller board will be used to post information from the office like meeting agendas and any notices. Please make sure to check both boards. The laundry room board will be used for office information as well.

### **Lease Signing**

Leases are now available for all tenants to sign. Please make an effort to stop in the office by Thursday, June 15th to sign your lease. Thank you!

### Air Conditioner

The air conditioner is now on and the heat is off for the summer. Please keep all common area windows closed.

### **Gardens**

All the garden beds and boxes are full and look great! Just a reminder, please keep any garden tools, fencing, or any other items off the ground. This is especially important when Adam mows. Thank you!

### An Introduction:

Hi folks. My name is Laura Netro-Price and I am the new Administrative Assistant. Some of you may already know me as your fellow tenant, Diane Price's daughter-in-law; or from the Mansfield Senior Center, where I volunteer. I have been providing Occupational Therapy for 28 years as a Licensed Certified Occupational Therapy Assistant in skilled nursing facilities throughout Connecticut. I am learning new skills and transitioning into this new role. I look forward to meeting all of you. I also enjoy photography as a hobby and thought I'd share one of my favorite photos.





# June 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
					Food Pantry 10am	
4	5	6	7	8	9	10
	BINGO 6pm		6pm Movie & Billiards 6pm	Trader Joe's 10am Setback 6pm	PHTA 11 am	
11	12 BINGO 6pm	13 Java W/ Jessica 10am Guest Speaker 11am AHA Commission 7 pm	14 Billiards 6pm	15 Setback 6pm	16	217
18	1910:30 am Book Club BINGO 6pm	12 nm Craft & Lunch	21 Billiards 6pm	22 Beach Trip! Setback 6pm	23	24
25	26	27	28	29	30	
	BINGO 6pm		Games & Cards 3pm Billiards 6pm			

The Book Club is currently reading: *The Rumors* by Elin Hilderbrand BINGO - See Candy in 116 for information, 10¢/card

# Renters Rebate - From Melissa McDonough



Are you over 65? Are you Disabled?

Are you a Renter?

Did you earn less than \$49,100 if married or \$40,300 if single?

Then you may qualify for a Renters Rebate from OPM.

If you would like to apply, please call to make an appointment or mail copies of your documentation to 5 Town Hall Rd, Ashford, CT 06278, drop documents off in the drop box out front or scan and email to mmcdonough@ashfordct.org

If you have questions please call

(860)487-4417

Required Documentation: (all for calendar year 2022)

### Proof of Income Including:

Social Security income (form SSA 1099) & SSI if applicable

Copy of 2022 Federal Income Tax Return, if filed

1099 forms for pension, dividends, interest, stocks & bonds, etc.

Veterans Disability or Railroad Retirement

### Proof of Expenses Including:

Rent receipts for 2022 (all 12 months)

Utility bills paid in 2022 (heat, gas, electric only)

If you have not yet gotten your rent receipt, you can get them from Kathleen.

\*\*Applications are accepted until October 1, 2023. \*\*





# Pompey Hollow Senior Housing

## Resident Service Coordinator

BOOK CLUB (3rd Mon of the mo.)

When: June 19th at 10:30 am

What: The Rumors by Elin Hilderbrand

Where: Lounge

It's not too late to join. Keep an eye out for

posted updates on next meeting.

**MOVIE NITE** (1st Wed of the mo.)

When: June 7th at 6:00 pm

Featuring: Magic in the Water

Where: Lounge

Refreshments will be provided. (This is a recurring monthly event)

**CRAFT EVENT** 

When: Tuesday, June 20th at Noon

(lunch included)

What:: Still planning- will post updates

soon!

Where: Community Room

. \*\*\*Sign-up sheet at community board. Please let us know if you plan on attending, so we can plan purchases and lunch accordingly. Thank you!

We hope to see you there!

TRADER JOE'S SHOPPING

(2nd Thurs of mo.)

When: Thursday, June 8th at 10:00 am Meet in Community Room to sign wavers

\*\*\*We are looking at adding a stop to Aldi's in South Windsor. Stay tuned!\*\*\*\*

**GUEST SPEAKER** 

Marcia Looney is scheduled to present a talk on Reiki, **June 13th at 11:00 am** in Community Room. Coffee and a snack will be provided.

**GAMES & CARDS** 

When: Wednesday, June 28th 3:00

pm

Where: Games & Crafts Room

(We will plan on this being a monthly recurring event, every last Wednesday of the month. Sign up sheet at

community board)

**NAILS BY BOBBI-JO** 

(Have not heard back from Bobby-Joe on next visit. Will keep you post-

ed.)

Cost: \$20 for regular polish, \$25 for

gei

CASH ONLY PLEASE\*\*

Feel free to reach out to Bobby-Joe personally to make an appointment at 860-933-7946

When: Thursday, June 22nd at 8:30am and will leave park at 1:30 pm

Where: Hammonasset Beach State Park - see flyer posted for details

Admission ishj Free

OTHER UPDATES

**New Destination:** Christmas Tree Shop and Evergreen Mall (Manchester/ South

Windsor)

When: Wednesday July 26th, 9:30 am departure,

Will include time for lunch. Come to Community Room a few minutes early to sign wavers. (Sign -up sheet when we get closer to date @ community board.)

Storrs Congregational Food Pantry

Residents who are interested will be carpooling once a month on a Monday. See community board for sign-ups!

### BEACH TRIP - UPDATE

Kathleen Devanney, RSC

Office Hours: Tuesday & Thursday 9-1

Phone: 860-429-0205

Email: kdevanney@ashfordhousingauthority.org